

SPARSH GLOBAL SCHOOL FEBRUARY 2026 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02 February 2026	03 February 2026	04 February 2026	05 February 2026	06 February 2026	07 February 2026
CHOLE	MOONG MASOOR DAL	DAL MAKHNI	PANCHMAEL DAL	IDLI	
ALOO GAJAR MATAR	VEG KOFTA	MATTAR PANEER	ALOO METHI	SAMBHAR	
STEAMED RICE	STEAM RICE	STEAMED RICE	PLAIN RICE	LEMON RICE	
CHAPATI	ROTI	ROTI	ROTI	TOMATO CHUTNEY	
RICE KHEER				COCONUT LADOO	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09 February 2026	10 February 2026	11 February 2026	12 February 2026	13 February 2026	14 February 2026
RAJMA	ARHAR DAL	RASA KALA CHANA	KADHI PAKORA	PAO	
JEERA ALOO	PALAK CORN	SOYA KEEMA MATTAR	GOBHI ALOO	BHAJI	
STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	
CHAPATI	CHAPATI	CHAPATI	CHAPATI	MOONG DAL	
RICE KHEER				GULAB JAMUN	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 February 2026	17 February 2026	18 February 2026	19 February 2026	20 February 2026	21 February 2026
YELLOW DAL	DAL MAKHANI	CHOLE	DHABA DAL	PASTA IN PINK SAUCE	
SOYA MATAR	SHAHI PANEER	MASALA ALOO	VEG KOFTA	VEG CUTLET	
STEAMED RICE	STEAMED RICE	STEAMED RICE	VEG PULAO	GARLIC BREAD	
CHAPATI	CHAPATI	CHAPATI	CHAPATI		
RICE KHEER				FRUIT CUSTARD	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23 February 2026	24 February 2026	25 February 2026	26 February 2026	27 February 2026	28 February 2026
RAJMA	CHANA DAL	KADHI PAKORA	MIX DAL TADKA	RASA ALOO	
BHUNA ALOO	MIX VEG	JEERA ALOO	MIX VEG	SOOKHA KALA CHANNA	
STEAMED RICE	STEAMED RICE	STEAMED RICE	VEG PULAO	POORI	
CHAPATI	CHAPATI	CHAPATI	CHAPATI		
RICE KHEER				SUJI HALWA	